



Traditional Reiki

~ Student Training Hub ~

REIKI INTENSIVE



PRECEPTS WORKSHEETS

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Reiki Precept Worksheet



JUST FOR TODAY I WILL NOT WORRY
I WILL NOT ANGER
I WILL BE HUMBLE
I WILL BE HONEST IN MY WORK
I WILL BE COMPASSIONATE TO MYSELF AND OTHERS

1. ANGER

2. WORRY

3. HUMBLENESS

Reiki Precept Worksheet



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4. BE HONEST

5. COMPASSION

NOTES
