



AUSTRALIAN
BUSH FLOWER
ESSENCES®

**Organically
Certified Skincare**

Infused with Australian Bush Flower Essences
for your

Emotional Health and Wellbeing





**Organically
Certified**



WHY ORGANICALLY CERTIFIED

More and more consumers are increasingly aware of the organic benefits to themselves and our global planet. Many 'other' skincare ranges can contain numerous chemicals, delivered to the skin and subsequently absorbed into the bloodstream.

Australian Bush Flower Essences Skincare is certified by The Organic Food Chain Pty Ltd (OFC). It ensures our skincare: does not contain Genetically Modified Organisms (GMO's) or synthetic additives; does not use chemical insecticides, herbicides or fungicides - or treated with ionising radiation and does not interfere with the natural metabolism of livestock and plants.



IAN WHITE FOUNDER & CEO

5TH GENERATION AUSTRALIAN
HERBALIST

Ian graduated from the University of NSW with a Bachelor of Science before completing degrees in Naturopathy, Herbal Medicine and Homoeopathy and has been practicing as a Naturopath since 1979. His great-great-grandmother worked as a herbalist during Australia's Gold Rush in the 1850's.

Both Ian's great-grandmother and grandmother (also both herbalists), were among the first non-Indigenous people to research and use Australian native plants for healing. Ian grew up in the bush, living next door to his grandmother and would spend as much time as possible helping her make her herbal tinctures and extracts. She would often take him for walks in the bush, teaching him the healing qualities of many of the plants and flowers within the Australian landscape.

Ian learned a profound respect for and connection to nature through her. Ian has continued this family tradition, though specialising in the emotional and spiritual qualities of the Australian bush and has spent over 35 years of intensive research pioneering his range of Australian Bush Flower Essences. He is the author of five major books and regularly teaches workshops on the Bush Essences in over 30 countries.







Australian Bush Flower Essences

Australian Bush Flower Essences are a vibrational flower therapy that work on an emotional level, balancing and harmonising your overall wellbeing.

Although Flower Remedies have been used by many cultures for thousands of years, the Australian Bush Flower Essences meet the need for remedies to help address the issues of the 21st century.

Australia has the world's oldest and highest number of flowering plants exhibiting tremendous beauty and strength.

Australia is also relatively unpolluted and metaphysically has a very wise, old energy.

Australian Bush Flower Remedy Essences have been developed and researched by our founder and CEO Naturopath, Ian White, a fifth generation Australian herbalist.





Australian Native Botanicals

The Australian bush, landscape and climate are one of the harshest places on earth. To survive and thrive in this harsh climate, Australian native botanicals have adapted to their environment by storing very high concentrations of antioxidants and vitamins.

Recent developments in Cellular Extraction technology has enabled the diffusion of phytoactive compounds into a liquid medium without stress or degrading of the actives - essentially capturing the intelligent design of Australian Natives as they exist in nature to nourish, enhance and rejuvenate your skin.



GENTLE CITRUS FACE WASH

A revitalising and invigorating gel face wash. Gently removes excess oil and impurities for refreshed skin.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Renew Revitalise and Refresh

ESSENCES INFUSED

- ANGELSWORD -

Release of negatively held psychic energies.

- BILLY GOAT PLUM -

Acceptance and appreciation of self and one's physical body.

- BOTTLEBRUSH -

Serenity and calm, aids process of letting go and moving on.

- DOG ROSE -

Increasing confidence and belief in one's self.

- FIVE CORNERS -

Love, joy and acceptance of self.
Celebration of own beauty.

- FRINGED VIOLET -

Release psychic effects of recent or old distressing events.

- MACROCARPA -

Renewed enthusiasm and inner strength.



ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- ALOE LEAF -

Deeply soothing, smoothing, and moisturising, rich in amino acids, folic acid, and Vitamins A,C & E.

- ARNICA -

Potent anti-inflammatory and antioxidant, aids skin healing.

- ECHINACEA-

Locks in hydration and anti-microbial components, minimise pore-clogging bacteria.

- LEMON OIL -

Protects skin cells from damaging free radicals caused by UV exposure and inhibits melanin production in the skin.

- OLIVE LEAF -

A powerful antioxidant to protect the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.

- SWEET ORANGE OIL -

High concentration of antioxidant Vitamin C assists in evening skin tone and reducing the appearance of pigmentation.



AUSTRALIAN
BUSH FLOWER
ESSENCES®

Gentle Citrus Face Wash

Infused with Australian Bush Flower Essences
including Dog Rose and Five Corners.

- VEGAN -

Use daily to remove excess oil and
impurities for refreshed skin.

Organic botanicals refresh,
moisturise, reduce inflammation
and inhibit melanin production for
refreshed skin.

RRP \$29.95





PURIFYING CREAM CLEANSER

A harmonising cream face cleanser. Gently removes excess oil, surface pollution, makeup, and impurities for smooth, clarified skin.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Harmonise Release and Clear

ESSENCES INFUSED

- ANGELSWORD -

Release of negatively held psychic energies.

- BILLY GOAT PLUM -

Acceptance and appreciation of self and one's physical body.

- BOTTLEBRUSH -

Serenity and calm, aids process of letting go and moving on.

- BUSH FUCHSIA -

Enhances intuition and integration of information.

- BUSH IRIS -

Awakening and clearing blocks.

- DOG ROSE -

Increasing confidence and belief in one's self.

- FIVE CORNERS -

Love, joy and acceptance of self.
Celebration of own beauty.

- FRINGED VIOLET -

Release psychic effects of recent or old distressing events.



ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- ALOE LEAF -

Deeply soothing, smoothing, and moisturising, rich in amino acids, folic acid, and Vitamins A,C & E.

- ARNICA -

Potent anti-inflammatory and antioxidant, aids skin healing.

- OLIVE LEAF -

A powerful antioxidant to protect the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.

- ROSEHIP OIL -

Abundant in essential fatty acids Omega 3 & 6, Vitamins A & C, helps reduce the visual effects of ageing, sun damage, pigmentation and scarring.

- SWEET ORANGE OIL -

High concentration of antioxidant Vitamin C assists in evening skin tone and reducing the appearance of pigmentation.



AUSTRALIAN
BUSH FLOWER
ESSENCES®

Purifying Cream Cleanser

Infused with Australian Bush Flower Essences
including Bush Iris and Flannel Flower.

CLEANSE

- VEGAN -

Use daily to remove excess oil,
surface pollution, makeup, and
impurities.

Organic botanicals smooth,
moisturise, reduce redness and
pigmentation.

RRP \$29.95



Made with Certified Organic Ingredients
100mL

Made with Certified
Organic Ingredients
e 100mL • 3.4FL.OZ.



**GENTLE
EXFOLIATING CREAM**

A gentle exfoliating cream deeply removes excess oil, dead skin cells and impurities for refreshed and radiant skin.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Wash Away Release and Clear

ESSENCES INFUSED

- ANGELSWORD -

Release of negatively held psychic energies.

- BAUHINIA -

Enhances acceptance and open-mindedness.

- BILLY GOAT PLUM -

Acceptance and appreciation of self and one's physical body.

- BOTTLEBRUSH -

Serenity and calm, aids process of letting go and moving on.

- FIVE CORNERS -

Love, joy and acceptance of self.
Celebration of own beauty.

- FLANNEL FLOWER -

Physical gentleness and sensitivity, trust and openness.

- FRINGED VIOLET -

Release psychic effects of recent or old distressing events.

ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- APRICOT OIL -

Rich in fatty acids to deliver hydration and counteract any drying effects associated with exfoliating.

- CAMELLIA OIL -

Abundant in vitamins A, B, C, D, and E, to provide nourishment. Suitable for acne-prone skin as the lightweight texture doesn't clog pores. A powerful antioxidant protects the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.

- GINKGO BILOBA -

A potent antioxidant, that acts as a free radical scavenger - protecting skin from these highly reactive, unstable molecules that come from UV and pollution.

- JOJOBA -

Absorbs quickly and deeply, delivering a boost of Vitamins E, B complex and zinc. Natural emollient properties refine the skin, revealing a soft, smooth, luminous complexion.

- SIBERIAN GINSENG -

Boosts circulation of our skin's smallest blood vessels -ramping up the synthesis of collagen. Ginseng's coffee-like energising factors help brighten and revitalise, while naturally occurring antioxidants help inhibit melanin production calming hyper-pigmentation.





AUSTRALIAN
BUSH FLOWER
ESSENCES®

Gentle Exfoliating Cream

Infused with Australian Bush Flower Essences
including Bottlebrush and Flannel Flower.

- VEGAN -

Organic botanicals stimulate
cell turnover, brighten and
revitalise.

Use 1-2 times per week to
boost the performance of your
skincare ritual. Gently massage
into cleansed skin and leave
for 2-4 minutes - rinse well.
Follow with the moisturising
component of your skincare
ritual.

RRP \$24.95

Carbon neutral renewal inputs
Australian made tube.

EXFOLIATE





Ultimate Face Gel

Infused with Australian Bush Flower Essences
including Bush Fuchsia and She Oak.

- VEGAN -

Use daily after cleansing. Follow
with the moisturising component
of your skincare ritual.

Organic botanicals containing
powerful antioxidants to soothe,
moisturise and enhance firmness.

RRP \$29.95



ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- EVENING PRIMROSE OIL -

Abundant in antioxidants and essential fatty acids. The astringent (shrink or constrict) properties soothe skin irritation and inflammation while hydrating.

- EMU BUSH -

High in chlorogenic acid, an excellent antioxidant (also found in Green Coffee) and aids to reduce skin dullness. Naturally occurring Phenolic Acid behaves like alpha-hydroxy acids (AHA's) to help increase cell turnover.

- KANGAROO APPLE -

Boosts natural collagen production to smooth fine lines, wrinkles and plump skin. Powerful antioxidants (Vitamin C and beta-carotene) protect cells from harmful free radicals resulting from UV ray damage, pollution, and other hazards.

- QUANDONG -

A powerful anti-inflammatory and antioxidant. Deeply nourishing. Effectively targets and reduces the appearance of redness and early signs of ageing. A potent source of Vitamin E, folate, magnesium and calcium and contains twice the amount of vitamin C of oranges - great for healthy skin and a natural glow.

- ROSEHIP OIL -

Abundant in essential fatty acids Omega 3 & 6, Vitamins A & C, helps reduce the visual effects of ageing, sun damage, pigmentation and scarring.



ULTIMATE FACE GEL

A soothing serum containing powerful antioxidants to moisturise and firm skin. Improves the appearance of fine lines and wrinkles.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Calm and Nurture

ESSENCES INFUSED

- BOTTLEBRUSH -

Serenity and calm, aids process of letting go and moving on.

- BUSH FUCHSIA -

Improves access to intuition and clarity.

- CROWEA-

Peace, calm and balance.

- DOG ROSE -

Increasing confidence and belief in one's self.

- JACARANDA -

Centres, calms and aids decisiveness.

- LITTLE FLANNEL FLOWER -

Enhances playfulness, being carefree joyful and spontaneous.

- OLD MAN BANKSIA -

Renewed enthusiasm and enjoyment in life.

- PAW PAW -

Calmness, assimilation and improved access to higher self.

- SHE OAK -

Overcome imbalance, and enhance your sense of wellbeing.



INTENSIVE EYE SERUM

A hydrating serum to reduce the appearance of dark circles, redness, puffy eyes, fine lines and wrinkles.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Feel your own Gentle Love

ESSENCES INFUSED

- BILLY GOAT PLUM -

Acceptance and appreciation of self and one's physical body.

- CROWEA-

Peace, calm and balance.

- FIVE CORNERS -

Love, joy and acceptance of self.
Celebration of own beauty.

- FLANNEL FLOWER -

Physical gentleness and sensitivity, trust and openness.

- MULLA MULLA -

Releasing emotional upset and exposure to heat and sun.

- OLD MAN BANKSIA -

Renewed enthusiasm and enjoyment in life.

-SHE OAK -

Overcome imbalance, and enhance your sense of wellbeing.

ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- BENTONITE CLAY -

Creates a barrier between your skin and irritants. Provides a natural minerals boost of calcium, magnesium, and iron.

- EMU BUSH -

High in chlorogenic acid, an excellent antioxidant (also found in Green Coffee) and aids to reduce skin dullness. Naturally occurring Phenolic Acid behaves like alpha-hydroxy acids (AHA's) to help increase cell turnover.

- KANGAROO APPLE -

Boosts natural collagen production to smooth fine lines, wrinkles and plump skin. Powerful antioxidants (Vitamin C and beta-carotene) protect cells from harmful free radicals resulting from UV ray damage, pollution, and other hazards.

- QUANDONG -

A powerful anti-inflammatory and antioxidant. Deeply nourishing. Effectively reduces the appearance of redness and early signs of ageing. A potent source of Vitamin E, folate, magnesium and calcium and contains twice the amount of vitamin C of oranges - great for healthy skin and a natural glow.

- ROSE GERANIUM FLOWER OIL -

Balances sebum, which helps keep skin in balance, especially skin types that are very oily or very dry.





AUSTRALIAN
BUSH FLOWER
ESSENCES®

Intensive Eye Serum

Infused with Australian Bush Flower Essences
including Flannel Flower and Mulla Mulla.

- VEGAN -

Use daily after cleansing. Follow
with the moisturising component
of your skincare ritual.

Organic botanicals reduce
the appearance of dark circles,
redness, puffy eyes, fine lines and
wrinkles.

RRP \$29.95



INFUSE



ILLUMINATING DAY CREAM

An illuminating cream that reduces the signs of ageing and enhances skin tone and elasticity.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Feel Joyful and Confident

ESSENCES INFUSED

- BAUHINIA -

Enhances acceptance and open-mindedness.

- FIVE CORNERS -

Love, joy and acceptance of self.
Celebration of own beauty.

- FRINGED VIOLET -

Release psychic effects of recent or old distressing events.

- JACARANDA -

Centres, calms and aids decisiveness.

- LITTLE FLANNEL FLOWER -

Enhances playfulness, being carefree joyful and spontaneous.

- MULLA MULLA -

Releasing emotional upset and exposure to heat and sun.

- SHE OAK -

Overcome imbalance, and enhance your sense of wellbeing.

- SYDNEY ROSE -

The crowning glory of Bush Essences.
Peace, unity and heartfelt compassion.

ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- ALOE LEAF -

Deeply soothing, smoothing, and moisturising, rich in amino acids, folic acid, and Vitamins A,C & E

- AVOCADO -

Potent in Omega 3 & 6 - delivering essential fatty acids and nutrients to prevent moisture loss and early ageing. Maintains supple and hydrated skin.

- JOJOBA -

Absorbs quickly and deeply, delivering a boost of Vitamins E, B complex and zinc. Natural emollient properties refine the skin, revealing a soft, smooth, luminous complexion.

- OLIVE LEAF -

A powerful antioxidant to protect the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.

- ROSEHIP OIL -

Abundant in essential fatty acids Omega 3 & 6, Vitamins A & C, helps reduce the visual effects of ageing, sun damage, pigmentation and scarring.





AUSTRALIAN
BUSH FLOWER
ESSENCES®

Illuminating Day Cream

Infused with Australian Bush Flower Essences
including Jacaranda and Little Flannel Flower.

Use daily after cleansing and
serums. Follow with sunscreen as
part of skincare ritual.

Organic botanicals moisturise,
reduce signs of ageing and
enhance skin tone and elasticity

RRP \$24.95

- LAUNCHING SHORTLY -

Carbon neutral renewal inputs
Australian made tube.



MOISTURISE



Replenishing Night Cream

Infused with Australian Bush Flower Essences
including Boronia and Wisteria.

- VEGAN -

Use daily after cleansing and
serums. Can be used AM and PM
on drier skin types.

Organic botanicals promote skin
elasticity. Rich and nourishing,
leaving your skin feeling soft and
supple.

RRP \$29.95





ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties..

- EMU BUSH -

High in chlorogenic acid, an excellent antioxidant (also found in Green Coffee) and aids to reduce skin dullness. Naturally occurring Phenolic Acid behaves like alpha-hydroxy acids (AHA'S) to help increase cell turnover.

-- JOJOBA -

Absorbs quickly and deeply, delivering a boost of Vitamins E, B complex and zinc. Natural emollient properties refine the skin, revealing a soft, smooth, luminous complexion.

- KANGAROO APPLE -

Boosts natural collagen production to smooth fine lines, wrinkles and plump skin. Powerful antioxidants (Vitamin C and beta-carotene) protect cells from harmful free radicals resulting from UV ray damage, pollution, and other hazards.

- OLIVE LEAF -

A powerful antioxidant to protect the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.

- QUANDONG -

Effectively targets and reduces the appearance of redness and early signs of ageing.



REPLENISHING NIGHT CREAM

A luxurious replenishing night cream containing powerful antioxidants to promote skin elasticity. Rich and nourishing, leaving your skin feeling soft plump and supple.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Relax and Slow Down

ESSENCES INFUSED

- BILLY GOAT PLUM -

Acceptance and appreciation of self and one's physical body.

- BLACK EYED SUSAN -

Ability to turn inward, slow down and be still within.

- BORONIA -

Clarity, serenity and visualisation.

- CROWEA-

Peace, calm and balance.

- FIVE CORNERS -

Love, joy and acceptance of self. Celebration of own beauty.

- MULLA MULLA -

Comfort with warmth and heat exposure.

- OLD MAN BANKSIA -

Renewed enthusiasm and enjoyment in life.

-SHE OAK -

Overcome imbalance, and enhance your sense of wellbeing.

- WISTERIA -

Enhanced sensuality, openness and gentleness.



AUSTRALIAN
BUSH FLOWER
ESSENCES®

Rose Hydrating Mist

Infused with Australian Bush Flower Essences
including She Oak and Sydney Rose.

- VEGAN -

Mist generously on your face
and body a few times per day.
Mist before or after moisturiser,
serums and make-up.

Organic botanicals, plant cellular
extracts and floral waters provide
antioxidant protection and
hydration to boost your natural
radiance.

RRP \$29.95

- LAUNCHING SHORTLY -





ROSE

HYDRATING MIST

A replenishing and hydrating face and body mist, providing antioxidant protection and hydration to boost your natural radiance.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Connectedness and Lightness

ESSENCES INFUSED

- EMU APPLE -

An all-round super food for your skin. Supports collagen production, hydration, absorption, and skin whitening effects.

- KAKADU PLUM -

One of the richest sources of Vitamin C and therefore a powerful antioxidant to aid protection from oxidative stress. Also provides a boost to skin radiance and luminosity.

- ROSE OTTO -

A natural antioxidant to promote cell turnover and stimulate cell production. Antibacterial properties help skin types that are prone to acne or rosacea, while also deeply hydrating and nourishing your skin.

- MULLA MULLA -

Comfort with warmth and heat exposure.

- OLD MAN BANKSIA -

Renewed enthusiasm and enjoyment in life.

- PINK FLANNEL FLOWER -

Open hearted, appreciative, lightness and gratitude.

- SHE OAK -

Overcome imbalance, and enhance your sense of wellbeing.

- SPINIFEX -

Empowerment through intuitive awareness of body.

- SUNDEW -

Being grounded and fully present.

- SYDNEY ROSE -

The crowning glory of Bush Essences. Peace, unity and heartfelt compassion.





SOOTHING BODY LOTION

A soothing body moisturising lotion, leaves your skin feeling softer, hydrated and lovingly nurtured.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Promote Self Love and Soothe

ESSENCES INFUSED

- BILLY GOAT PLUM -

Acceptance and appreciation of self and one's physical body.

- BLACK EYED SUSAN -

Ability to turn inward, slow down and be still within.

- CROWEA -

Peace, calm and balance.

- FIVE CORNERS -

Love, joy and acceptance of self.
Celebration of own beauty.

- FLANNEL FLOWER -

Physical gentleness and sensitivity, trust and openness.

- MULLA MULLA -

Releasing emotional upset and exposure to heat and sun.

- OLD MAN BANKSIA -

Renewed enthusiasm and enjoyment in life.

- SHE OAK -

Overcome imbalances and sense of wellbeing.

- WISTERIA -

Enhanced sensuality, openness and gentleness.

ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- JOJOBA -

Absorbs quickly and deeply, delivering a boost of Vitamins E, B complex and zinc. Natural emollient properties refine the skin, revealing a soft, smooth, luminous complexion.

- MARSHMALLOW ROOT -

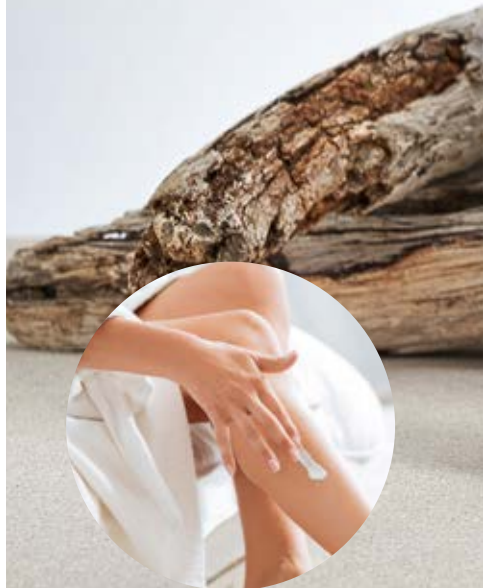
Soothes redness, relieves inflammation and helps retain moisture.

- OLIVE LEAF -

A powerful antioxidant to protect the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.

- ROSE GERANIUM FLOWER OIL -

Balances sebum, which helps keep skin in balance, especially skin types that are very oily or very dry.





Soothing Body Lotion

Infused with Australian Bush Flower Essences
including Black-eyed Susan and She Oak.

Generously massage all over your
body every time you step out of
the shower or bath.

Organic botanicals, leave your
skin feeling velvety soft, hydrated
and lovingly nurtured.

RRP \$29.95





Intensive Hand Cream

Infused with Australian Bush Flower Essences
including Grey Spider Flower and Waratah.

Organic botanicals to keep your
hands soft and hydrated.

Apply a small amount to the back
of your hand and massage into
fingers and nails. Reapply after
washing your hands.

RRP \$24.95

Carbon neutral renewal inputs
Australian made tube.



ORGANICALLY CERTIFIED

Botanicals chosen for their natural benefits and transformation properties.

- COCOA BUTTER -

A potent hydrator, heals chapped skin, moisturises and fights ageing.

- EMU BUSH -

High in chlorogenic acid, an excellent antioxidant (also found in Green Coffee) and aids to reduce skin dullness. Naturally occurring Phenolic Acid behaves like alpha-hydroxy acids (AHA's) to help increase cell turnover.

- KANGAROO APPLE -

Boosts natural collagen production to smooth fine lines, wrinkles and plump skin. Powerful antioxidants (Vitamin C and beta-carotene) protect cells from harmful free radicals resulting from UV ray damage, pollution, and other hazards.

- QUANDONG -

Effectively targets and reduces the appearance of redness and early signs of ageing.

- SWEET ALMOND OIL -

Contains fatty acids to help retain moisture and maintain hydration while vitamin E soothes irritation.

- YLANG YLANG OIL -

Hydrating properties aid in maintaining oil production and deliver nourishment.



INTENSIVE HAND CREAM

An intensive cream that deeply nourishes and protects. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

THIS UNIQUE BLEND WILL HELP:

Comfort and Calm

ESSENCES INFUSED

- ANGELSWORD -

Release of negatively held psychic energies.

- CROWEA -

Peace, calm and balance.

- FRINGED VIOLET -

Release psychic effects of recent or old distressing events.

- GREY SPIDER FLOWER -

Restores faith, trust and promotes calmness and courage.

- OLD MAN BANKSIA -

Enjoyment of life, renewed enthusiasm and interest.

- SLENDER RICE FLOWER -

Promotes group harmony, humility and cooperation.

- SPINIFEX -

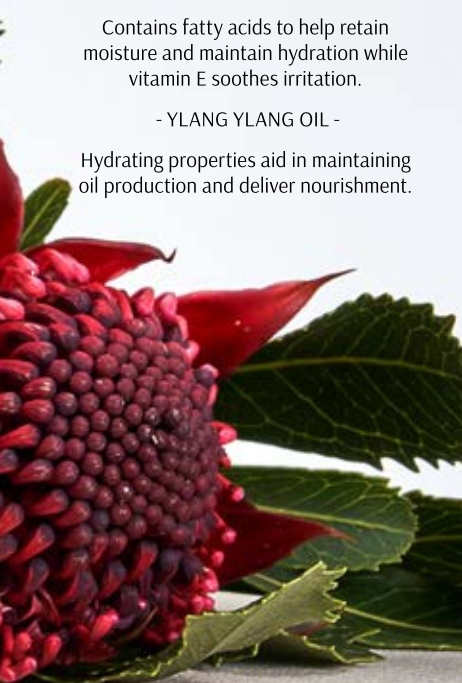
Empowerment through intuitive awareness of body.

- SUNDEW -

Being grounded and fully present.

- WARATAH -

Enhances courage, adaptability, faith and hope.





GENTLE CITRUS
FACE WASH



PURIFYING
CREAM CLEANSER



GENTLE EXFOLIATING
CREAM

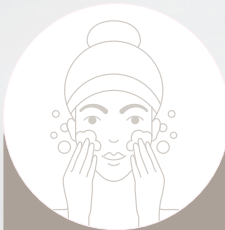


- STEP 1 CLEANSE: AM AND PM DAILY -

- STEP 2 EXFOLIATE: 1 OR 2 TIMES PER WEEK -



Apply a small amount to moistened skin using gentle circular motions.



Rinse with warm water ensuring you remove all cleanser from skin.

Pat dry with a lint-free face towel.



Massage a small amount into skin.

Leave product on for 2-3 minutes for botanicals to infuse.



Rinse with warm water ensuring you remove all exfoliating cream.

Pat dry with a lint-free face towel.

Organic Skincare Rituals

Four steps to more youthful, refreshed and hydrated skin.

Investing a little time both morning and evening to your skincare will promote healthier and more youthful skin. It's crucial to protect our skin against air pollution and UV-rays.

Our skin needs hydration, some help removing dead cells and encouraging cell turnover, and a boost when it comes to anti-ageing, even when we're young. We suggest dividing your skincare ritual into:

FOUR ESSENTIAL STEPS

ULTIMATE
FACE GEL



INTENSIVE
EYE SERUM



ILLUMINATING
DAY CREAM



REPLENISHING
NIGHT CREAM



ROSE
HYDRATING MIST

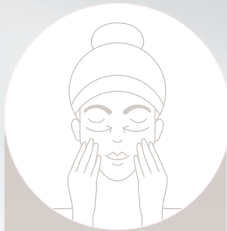


- STEP 3 INFUSE: AM AND PM DAILY -

- STEP 4 MOISTURISE: AM & PM DAILY -



Apply 1 pump of serum to cleansed skin.


















Massage into face, neck and décolletage.



Apply 1 pump to cleansed skin. Massage into face, neck and décolletage.
AM: Follow with sunscreen.



Mist generously on your face and body a few times per day. Mist before or after moisturiser, serums and make-up.

		CREAM CLEANSER	GENTLE CITRUS FACE WASH	EXFOLIATING CREAM
Aloe Leaf	Rich in amino acids, folic acid, and Vitamins A, C & E.			
Avocado	Potent in Omega 3 & 6 - delivering essential fatty acids and nutrients.			
Apricot Oil	Rich in fatty acid, delivers hydration and counteract drying effects.			
Arnica	Potent anti-inflammatory and antioxidant, aids skin healing.			
Bentonite Clay	Creates a barrier between skin and irritants and provides a natural mineral boost.			
Camellia Oil	A powerful antioxidant protects against environmental ageing, while anti-inflammatory properties keep skin calm and soothed.			
Cocoa Butter	A potent hydrator, heals chapped skin, moisturises and fights ageing.			
Echinacea	Locks in hydration and anti-microbial components minimise pore-clogging bacteria.			
Emu Bush	High in chlorogenic acid, an excellent antioxidant and reduces skin dullness. Naturally occurring Phenolic Acid, increases cell turnover.			
Evening Primrose Oil	Abundant in antioxidants and essential fatty acids. Soothes skin irritation and inflammation while hydrating.			
Ginkgo Biloba	A potent antioxidant, that acts as a free radical scavenger - protecting skin from reactive, unstable molecules that come from UV and pollution.			
Jojoba	Absorbs quickly and deeply, delivering a boost of Vitamins E, B complex and zinc.			
Kakadu Plum	One of the richest sources of Vitamin C and therefore a powerful antioxidant to aid protection from oxidative stress.			
Kangaroo Apple	Boosts natural collagen production to smooth fine lines and wrinkles and plump skin.			
Lemon Oil	Protects skin cells from damaging free radicals caused by UV exposure and inhibits melanin production in the skin.			
Marshmallow Root	Soothes redness, relieves inflammation and helps retain moisture.			
Olive Leaf	A powerful antioxidant to protect the skin from environmental ageing, while anti-inflammatory properties keep skin calm and soothed, helps reduce the appearance of pigmentation.			
Quandong	Effectively targets and reduces the appearance of redness and early signs of ageing.			
Rose Otto	A natural antioxidant to promote cell turnover and stimulate cell production. Antibacterial properties help skin types that are prone to acne or rosacea.			
Rose Geranium Flower Oil	Balances sebum, which helps keep skin in balance.			
Rosehip Oil	Abundant in essential fatty acids Omega 3 & 6, Vitamins A & C, helps reduce effects of ageing, sun damage, pigmentation and scarring.			
Siberian Ginseng	Boosts circulation of our skin's smallest blood vessels -ramping up the synthesis collagen. Helps brighten and revitalise.			

ULTIMATE
FACE GEL

INTENSIVE
EYE SERUM

ILLUMINATING
DAY CREAM

REPLENISHING
NIGHT CREAM

HYDRATING
MIST

BODY
LOTION

INTENSIVE
HAND CREAM



Our range of 20 Essences formulated for specific applications will help support yourself and the whole family's emotional care and wellbeing.

Australian Bush Flower Essences are a vibrational flower therapy that work on an emotional level, balancing and harmonising your overall wellbeing. An easy system to use for yourself, loved ones and your environment.

Remedy Essences are ready to take. Simply place 7 drops under the tongue or in a glass of water morning and night.



Men's Essence

For men always on the go, which can lead to impatience and irritability.



Woman Essence

Allows a woman to discover and feel good about herself, her own body and her beauty.



Solaris Essence

Relieves the emotional fear and distress associated with heat, fire and sun.



Carers Essence

Supports the caregiver when they are feeling overwhelmed by the responsibility of looking after another.



Relationship Essence

Enhances the quality of all relationships, especially intimate ones.



Sexuality Essence

Helpful for releasing trauma associated with one's sexuality or experiences.



Emergency Essence

Excellent for any emotional upset. This Essence is comforting and has a calming effect.



Boost Essence

Formulated to support and boost you through changing and challenging times.



Dynamis Essence

Renews enthusiasm and joy for life.



Abund Essence

Aids in releasing negative beliefs, family patterns, sabotage, and fear of lack.



Transition Essence

Helps one to cope and move through any major life change.



Cognis Essence

Gives clarity and focus when working, speaking, reading and studying.



Adol Essence

Addresses the major issues teenagers commonly experience.



Purifying Essence

To release and clear emotional waste and residual byproducts, to clear built-up emotional baggage.



Creative Essence

Inspires creative and emotional expression and gives courage and clarity in public speaking and singing.



Confid Essence

Brings out the positive qualities of self-esteem and confidence.



Calm & Clear Essence

Helps to find time for one's self, to relax without external pressures & demands.



Travel Essence

Addresses the problems encountered with travel.



Meditation Essence

Awakens one's spirituality and allows one to go deeper into any religious or spiritual practice.



Electro Essence

Greatly relieves fear and distress associated with earth, electrical and electromagnetic radiation.



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